



Figure Skating Rules

1. Ice time and lessons must be paid for before stepping onto the ice. Sticker must be worn at all times. Please dispose stickers into trash containers, or on the sticker ball at the Ice Den Service Desk.
2. Each Freestyle session begins on the hour; except on Saturday mornings. Ice time cannot be broken up as one hour of ice time between two sessions (not 2:20-3:20).
3. No one may enter a freestyle session in the middle of a session without paying for the full session.
4. Only figure skates can be worn on a freestyle session (exception: Open Freestyles)
5. Parents may not coach from the doors. Only coaches and skaters are allowed in the music box. Rink doors should be closed after skater has entered the ice.
6. RDV Sportsplex Ice Den has a 24-hour lesson cancellation policy. Failure to cancel private lesson with 24 hours of notice will result in an invoice for that lesson. NO EXCEPTIONS.
7. Skaters and coaches must wait until the Zamboni doors are closed before entering the ice. They must exit the ice prior to the Zamboni beginning to resurface. No one is allowed on the ice during a resurface.
8. Only water may be brought out to the ice. That means no colored beverages such as sports drinks and/or coffee/hot chocolate/cappuccinos and absolutely no food.
9. Clean up at the end of the session: Water bottles, tissues, sweatshirts, jackets, music...must be removed from the wall.
10. Parents and spectators are not allowed in the player's boxes.
11. Parental instruction from the boards, stands, or on the ice is prohibited.
12. Please do not interrupt coaches while they are giving a lesson.
13. Mature conduct must be displayed at all times on the ice. No kicking the ice, screaming, swearing, or horseplay is allowed. Any Ice Den coach or Team Member may ask a skater to leave the ice with loss of session if mature conduct is not displayed.
14. Boxed tissues are permitted on the rink boards during freestyle sessions; however please make sure that the used tissues are placed in the appropriate trash receptacles.
15. Please place all items brought out to the ice surface in the hockey boxes behind the dasher boards, not on top of the dasher boards.
16. When the announcement is made to clear the ice, skaters and coaches must exit the ice immediately.
17. Appropriate athletic attire is required on all freestyle sessions. Skaters are discouraged from wearing shorts or denim.
18. Skaters shall not socialize or stand in groups on the ice during freestyle sessions. Skaters must move to an off ice area so that they do not interfere with other skaters. Socialization is to be enjoyed off the ice. Skaters standing and talking present a danger as well as lost practice time and instruction time.
19. Skaters must use caution when re-entering the ice from the entrances or from positions along the barrier.
20. Skaters may not loiter in jump corners and must become familiar with and not interfere with jump patterns.
21. Skaters must spin in the center of the ice.
22. Cell phones, headphones, MP3 Players and other personal electronic devices are not permitted on the ice at any time during a freestyle session. Please leave these devices in your skate bag or in a bag in the player's box.
23. Your music can be played at any time as long as there is no line. Coaches giving lessons always have the right to play their student's music while giving their student a lesson with a maximum of 2 times per SKATER per lesson if there is a line.
24. The skater with their music being played always has the right-of-way on the ice.
25. Music will not be restarted once it has begun playing.
26. Please pick up your music at the end of your session. RDV Sportsplex Ice Den will not be responsible for music left after a session.
27. No music is allowed with profanity or offensive topics. Coaches will stop music deemed unacceptable.
28. Parents/guardians and coaches are responsible for the conduct of your child/skater.

Violation of these rules will be subject to the "Three Strike" policy. The first violation will result in the skater being asked to leave the ice; session will not be refunded. The second violation will result in the skater being asked to leave for the day. The third violation may result in the skater being suspended from the building for 30 days or longer.